



NEW JERSEY ATHLETIC CONFERENCE

FOR IMMEDIATE RELEASE

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Contact: Terry Small, NJAC Commissioner
(856) 582-3679 or (609) 221-1342

MONTCLAIR STATE'S AMBROSIO & WOLF NAMED NJAC WOMEN'S SOCCER OFFENSIVE & DEFENSIVE PLAYERS OF THE YEAR

Pitman, NJ—Montclair State University sophomore forward **Sofia Ambrosio (Cranford, NJ/Cranford)** and junior back **Lexington Wolf (Glen Gardner, NJ/Voorhees)** have been named the New Jersey Athletic Conference Women's Soccer Offensive and Defensive Players of the Year respectively for the Spring 2021 season. The pair headlined an all-Red Hawk slate of major awards. **Catherine Carnevale (Princeton Junction, NJ/Pennington School)** was named Midfielder of the Year; **Phoebe Bledsoe (West Caldwell, NJ/Caldwell)** is Goalkeeper of the Year; **Aileen Cahill (Little Egg Harbor, NJ/Pinelands Regional)** is Rookie of the Year; and head coach **Patrick Naughter** was tabbed Coach of the Year.

In total, 34 student-athletes earned all-conference recognition in NJAC women's soccer during the modified Spring 2021 season. All selections and major awards were determined by a vote of the league's head coaches.

A sophomore transfer, **Ambrosio** was the conference's leading scorer, pacing the Red Hawks with three goals in seven matches. She tallied her first goal as a Red Hawk in a win over Kean and scored two more in a win over William Paterson. The MSU offense outshot opponents 145-34.

Wolf claimed the Defensive Player of the Year honor after anchoring the MSU back line to five shutouts in seven matches this season, including a shutout in the NJAC championship game as the Red Hawks claimed their first title since 2014. Wolf and the MSU defense held opponents to 34 total shots (4.9 per game) and only yielded two goals for a team goals against average of 0.20.

Carnevale is now a four-year NJAC All-Conference honoree. The senior holding midfielder was a large component helping MSU limit opponents to just 34 total shots across seven matches. She scored one goal and assisted on another this season. In four seasons at Montclair State, Carnevale started 61 of 64 career matches and recorded six points on two goals and two assists.

Bledsoe, a two-time NJAC All-Conference goalkeeper, went 5-0-2 in her senior season and posted five shutouts while giving up just two goals. She sported a conference-best 0.28 goals against average and was best among NJAC starting keepers with a .900 save percentage.

Cahill came in as a rookie and made an immediate impact. The two-time NJAC Rookie of the Week was second on the Red Hawk squad with five points on two goals and an assist. Both of her goals were game winners, which was best among all conference players.

Montclair State University head coach **Patrick Naughter** was selected as the NJAC Coach of the Year by his peers for the second straight season and fourth time in his career. He also earned back-to-back honors in 2012 and 2013. He guided his squad to a 5-0-2 record and the fourth NJAC title in program history. He coached all five major award winners and seven total all-conference honorees this year. In 11 years at the helm of the MSU program, Naughter has guided the Red Hawks to an overall record of 142-40-30.

Please find attached a complete list of the 2020-21 Women's Soccer All-Conference Selections

NEW JERSEY ATHLETIC CONFERENCE ALL-CONFERENCE WOMEN'S SOCCER TEAM SPRING 2021

OFFENSIVE PLAYER OF THE YEAR: Sofia Ambrosio, Montclair State

MIDFIELDER OF THE YEAR: Catherine Carnevale, Montclair State

DEFENSIVE PLAYER OF THE YEAR: Lexington Wolf, Montclair State

GOALKEEPER OF THE YEAR: Phoebe Bledsoe, Montclair State

ROOKIE OF THE YEAR: Aileen Cahill, Montclair State

COACH OF THE YEAR: Patrick Naughtner, Montclair State

FIRST TEAM

<u>Name</u>	<u>Year</u>	<u>Pos.</u>	<u>School</u>	<u>Hometown/High School</u>
Sofia Ambrosio	SO	F	Montclair State	Cranford, NJ/Cranford
Kim Brites	FR	F	NJCU	Carteret, NJ/Carteret
Isabel Fernandez	JR	F	William Paterson	Kearny, NJ/Kearny
Salena LeDonne*+	SR	F	Stockton	Parsippany, NJ/Parsippany
Catherine Carnevale^+#	SR	M	Montclair State	Princeton Junction, NJ/Pennington School
Danielle Dachowski~	SR	M	William Paterson	Succasunna, NJ/Roxbury
Emily DeGeyter*+	JR	M	Montclair State	Long Valley, NJ/West Morris Central
Sydney Williams^	JR	M	Stockton	Millville, NJ/Millville
Laura Noseworthy^	JR	D	Montclair State	Freehold, NJ/Freehold Township
Kiersten Reszkowski*%	SR	D	Stockton	Freehold, NJ/Freehold Township
Breana Winder~+	JR	D	Rutgers-Camden	Washington Twp., NJ/Washington Twp.
Lexington Wolf	JR	D	Montclair State	Glen Gardner, NJ/Voorhees
Phoebe Bledsoe^	SR	G	Montclair State	West Caldwell, NJ/Caldwell

SECOND TEAM

<u>Name</u>	<u>Year</u>	<u>Pos.</u>	<u>School</u>	<u>Hometown/High School</u>
Lauren Calabria~	JR	F	Rutgers-Camden	Hammonton, NJ/Paul VI
Sam Ingannamorte	FR	F	Ramapo	River Vale, NJ/Pascack Valley
Mariaelena Torres*	JR	F	Kean	Elizabeth, NJ/Thomas Jefferson Arts Academy
Lauren Vladyka	JR	F	Ramapo	Somerset, NJ/Franklin
Aileen Cahill	FR	M	Montclair State	Little Egg Harbor, NJ/Pinelands Regional
Maggie Horn	SO	M	Rutgers-Camden	Mount Laurel, NJ/Lenape
Daniella LoBue	JR	M	William Paterson	Clifton, NJ/Clifton
Susan Porambo	JR	M	Stockton	Millersville, PA/Penn Manor
India Barnes	FR	D	Rutgers-Camden	Philadelphia, PA/William Penn Charter
Kayla Miller	JR	D	William Paterson	Hawthorne, NJ/Hawthorne
Alexa Simonetti~	SR	D	Stockton	Wayne, NJ/Wayne Valley
Gabi Triolo	SO	D	Kean	Middletown, NJ/Middletown North
Marissa Cook~	SR	G	Kean	Bridgewater, NJ/Bridgewater-Raritan

HONORABLE MENTION

<u>Name</u>	<u>Year</u>	<u>Pos.</u>	<u>School</u>	<u>Hometown/High School</u>
Celine Brady	SO	M	Kean	Marlboro, NJ/Marlboro
Kayley Brooks	SO	M	Kean	Bloomsbury, NJ/Delaware Valley Regional
Victoria Gil	JR	M	NJCU	South River, NJ/South River
Amanda Gouldsbury	SR	M	Ramapo	New Milford, NJ/New Milford
Kaitlyn Kelly	SR	M	Ramapo	Livingston, NJ/Livingston
Arame Diouf	SO	D	NJCU	Weehawken, NJ/Memorial

Megan Ponce	JR	D	William Paterson	Clifton, NJ/Paramus Catholic
Lindsey Rucci	JR	D	Rutgers-Camden	Atco, NJ/Hammonton

Key:

- * - First Team All-Conference 2019
- ^ - Second Team All-Conference 2019
- ~ - Honorable Mention 2019
- + - Second Team All-Conference 2018
- % - Honorable Mention 2018
- # - Honorable Mention 2017